



intense pulsed light (IPL) photofacial

- PRE-OPERATIVE INTENSE PULSED LIGHT (IPL) SERVICE INSTRUCTIONS
 - No oral antibiotics at least 10 days prior to service.
 - No retinol or acid use for at least 72 hours before and after service.
 - Avoid direct sun exposure. A sun screen of SPF 30 or better should be used at least 3 weeks prior to the service. Do not use tanning booths or self tanning creams for 4 weeks prior to service.
- POST-OPERATIVE INTENSE PULSED LIGHT (IPL) SERVICE INSTRUCTIONS
 - Post-service, you can apply ice packs at intervals of 15 minutes every hour as needed for redness or swelling. Aloe Vera gel, or a mild over the counter Hydrocortisone cream on unopened skin can also help minimize redness or swelling, and provide comfort.
 - A mild to moderate sunburn-like sensation may be felt. This usually resolves within 2- 24 hours after service, but may persist up to 72 hours.
 - Bathe or shower as usual. Treated areas may be temperature sensitive. Cool showers or baths may offer relief.
 - Avoid aggressive scrubbing and use of exfoliants, scrub brushes, and loofa sponges until service area has returned to its pre-service condition. No saunas for 3 days.
 - Avoid sun exposure, tanning beds, and self-tanning creams to treated areas for at least one week, preferably 4 weeks. Apply a sun block with SPF 30 or greater daily to sun-exposed, unopened skin between services and for 2-4 weeks after service.
 - Until any redness has completely resolved, avoid all of the following:
 - Swimming, especially in pools with chemicals/chlorine Hot tubs and Jacuzzis
 - Activities that cause excessive perspiration
 - If the treated area blisters, please give us a call.
 - Do not pick or attempt to remove any scabs or crusts that form following your service as this may incur infection and may lead to scarring. The scaling or crusting will fall off naturally in one to three weeks.

*****Pigmented Lesions may initially look raised and/or darker with a reddened perimeter. The lesion will gradually darken over the next 24-48 hours turning brown or even black. The lesion will progress to scabs/crusting and will start flaking off in 7-14 days, do not pick, scratch, or remove them.*****